

Beef Empanada

00854232005100



GLUTEN FREE



MADE FROM CORN



GTIN NUMBER	DESCRIPTION	Case Net Weight (lb.)	Case Gross Weight (lb.)	Case Cube ft ³	Case Dimensions Inches (L X W X H)	Pi x Hi	Case Pack (# pcs)	Servings Case Pack	Servings Size (Oz)
00854232005100	D'Gusto Beef Empanadas (2.2 oz) 100 Pk	13.75	14.782	0.807	15.5 x 10 X 9	12 x 7 = 84	100	50	4.4



GO TEXAN.



Nutrition and quality, all in one bite!

Nutrition Facts

Serving Size 2 piece (125g)
Serving Per Container 50

Amount Per Serving
Calories 260

	%Daily Value*
Total Fat 11g	14%
Saturated Fat 2g	10%
<i>Trans Fat</i> 0g	
Cholesterol 15mg	5%
Sodium 470 mg	20%
Total Carbohydrate 31g	11%
Dietary Fiber 4g	14%
Sugar 0g	
Includes 0g added Sugars	0%
Protein 9 g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 0mg	0%
Potassium 150mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 Carbohydrate 4 Protein 4

CORN DOUGH BEEF EMPANADA

INGREDIENTS: Corn Masa (Water, corn flour, Salt, Fresh garlic), Cooked beef, Cooked potatoes, Water, Fresh Bell peppers Fresh onions, Fresh tomatoes, Cooked rice, Fresh Green onions, Corn oil, Salt, Spices, Fresh garlic, Paprika. Pre-fried in vegetable Oil Blend (Soybean, canola and corn).

Cooking instructions:
(Cook to internal temperature of 165 °F).

Frying instructions:
Heat oil to 350 °F and fry from frozen cook for 5-6 minutes depending of the amount to be fried.

Baking instructions:
Preheat oven to 350 °F. Place the empanadas on a baking sheet. Bake time depends on type of oven.

Combi Oven: 12 minutes aprox.
Convection Oven: 15-18 minutes (depending on the amount to be heated).
Standard Oven: 20-25 minutes, (depending on amount to be heated)

Instrucciones para cocinar:
(Cocinar a temperatura interna de 165 °F)

Instrucciones para freír:
Calentar el aceite a una temperatura de 350 °F y freír las empanadas de 5-7 minutos dependiendo de la cantidad.

Instrucciones para hornear:
Precalentar el horno a 350 °F. Colocar las empanadas en una bandeja de metal y hornear de 15 a 25 minutos dependiendo de la cantidad.

HANDLING INSTRUCTIONS:

Keep product frozen. Cook thoroughly. Due to oven variations, cooking may require adjustments.

Safe Handling Instructions

This product was prepared from inspected and passed and/or poultry. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.

- Keep refrigerated or frozen. Thaw in refrigerator or microwave.
- Keep raw meat and poultry separate from other foods. Wash working surfaces (including cutting boards), utensils, and hands after touching raw meat or poultry.
- Cook thoroughly.
- Keep hot foods hot. Refrigerate leftovers immediately or discard.

Cook to an internal temperature of 145 degrees Fahrenheit as measured by a food thermometer and allow to rest for 3 minutes before serving.

DISTRIBUTED BY:
VESAR FOODS, LLC
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100 UNITS CASE NET WT 13.75 LB